

City of Hyattsville
Health, Wellness, and Recreation Advisory Committee
Minutes
7:00-8:30 PM
October 26, 2023

Committee Attendees: Marylyn Presutti, Dyann Waugh, Erica Thomas, Peter Stockus, Don Burger, Arinee Flurry, Nicole Betschman, and Carole Plato.

Staff Liaison: Cheri Everhart

Council Attendees: Michelle Lee

Actions:

The meeting commenced: 7:06 p.m.

The meeting adjourned: 8:58 p.m.

1. Amend/Approve minutes from the August Meeting:
 - a. Motion to approve, Erica. Motion Seconded, Dyann. The motion passed unanimously.
2. Speaker Series:
 - a. Cooking class - Saturday, November 4 at EcoCity Farms
 - i. The class was filled within 24 hours.
 - b. Forestbathing - November 18? Confirm date, time, location
 - i. Erica has with Anna (Forestbathing leader) that the first week of December is available. Potentially Saturday, Dec 2 or Dec 3.
 - ii. Confirming there are no conflicts on the city calendar.
 - iii. The cost will be \$3-400, but we need a maximum or minimum number of participants.
 - iv. Erica will reach out to Dawn with DPW to partner on this event.
 - c. Self Defense
 - i. Marylyn does not have physical self-defense updates.
 - d. Men's Health - June

- i. Dr. Griffyth (Check spelling)
- ii. Nicole can create a presentation on men's health through her work at Trinity. Sexual health, addiction, and nutrition are potential themes.
- iii. Nicole to check if there are any "health walks" happening at the same time we could build into this event.

e. Parenting skills

- i. Self-care for parents.
- ii. Desire to have a male and female part of this skill.
- iii. Nicole can find someone to give this presentation.
- iv. Erica is going to check with St. Matthews to see if they could host.
- v. The tentative date is around Valentine's Day.

3. Review Thrive Grant Applications

a. DBT

- i. Motion to fund unanimously passed.

b. HY-Swap

- i. Motion to fund unanimously passed.

c. César Chávez Bike Bus

- i. Motion to fund unanimously passed.

d. César Chávez mindfulness project

- i. Contingent on applicant responses to HWRAC questions.

e. SEEing through the Arts

- i. Motion to fund unanimously passed.

f. ECO City Farms

- i. Motion to fund unanimously passed.

- g. Hyattsville Aging in Place

- i. Motion to fund unanimously passed.

- h. Love Yoga

- i. Motion to fund unanimously passed.

- i. St. Jerome's Cafe

- i. Motion to fund unanimously passed.

- j. Health Goes Both Ways

- i. Contingent on applicant responses to HWRAC questions.

- k. Artistic Lion

- i. Motion to fund unanimously passed.

- l. St. Marks Food Pantry

- i. Motion to fund unanimously passed.

- 4. Public comment – limit 2 minutes per speaker

- a.

- 5. Adjourn

- a. Motion to adjourn, Arinee. Motion Seconded, Dyann. The motion passed unanimously.