

City of Hyattsville
Health, Wellness, and Recreation Advisory Committee
Minutes
7:00-8:30 PM
September 22, 2022

Committee Attendees: Don Burger, Peter Stockus, Erica Thomas, Alissa Scheller, Dyann Waugh, Anita Shelton

Staff Liaison: Marci LeFevre

Attendees: Sam Denes, Carole Plato, Joanne Waszczak

Actions:

- The meeting commenced at 7:05 pm EST.
- The meeting ended at 8:46 pm EST.

Agenda Items:

1) Amend/Approve minutes from the August meeting

- Dyann Waugh motioned to approve; Peter Stockus seconded
- Unanimously passed by the committee

2. Bike Rodeo information planning

- Peter Stockus informed the committee that Gregory Ford, Assistant Chief – Public Safety for the Maryland National Park Police, advised that the Prince George’s Park lease should be able to provide insurance if on MGPCC property
- Gregory Ford suggested May 6th or May 20th as Bike Rodeo scheduling options to coincide with bicycle safety month
 - Bicycle Rodeo entails a general bicycle safety event in a safe and controlled area for kids and adults
- Sam Denes mentioned that May 19th is “Bike to Work Day” @ Driskell Park and it could be a bike weekend if we select May 20th as the Bike Rodeo day

3. Forest bathing speakers

- Joanne no new update but recommend executing when there aren’t a lot of bugs outside (ideally fall or early spring 2023)

- The committee briefly discussed a Sound Bathing event in Colmar Manor and whether the committee might have an interest
- Sound Bathing is an immersive, full-body listening experience that uses sound to invite therapeutic and restorative processes to nurture one's mind and body

4. Mental Health First Aid in Spanish Update

- Dyann will not be able to obtain updates on instructor availabilities until September 30th
- The committee decided to put this initiative on hold until we receive instructor availability, location, and dates. The earliest we're looking at is December.
- The committee discussed offering non-Spanish classes and working with community groups like schools, PTAs, and athletic coaches to focus on youth mental health to help promote the initiative
- Marci LeFevre confirmed that we have contacts with different schools, coaches, and sports leagues to help promote the event

5. HWRAC Committee Survey

- Surveys were not passed out during the Summer Jam, so Dyann suggested passing them out at Ward Meetings
- Alissa Scheller and Ericka Thomas suggested leveraging an electronic version and social media to get the word out
- Committee discussed suggested tweaks made by Shakira
 - The committee discussed the language box: English/Spanish/French/other categories
 - Marcia advised what was done on other surveys and included ASL as an option
 - Committee agreed to leave demographic information off

6. Thrive Grant opened on 9.1.22

- As of Friday, September 16th the committee has only received one application
- Anita motioned we put a two-week extension on the Thrive Grant application, Don seconded
- Committee unanimously agreed

7. Possible Speakers series programs for FY23

- Sam sent an email to Race and Equity to follow up on the speakers
- Committee decided to revisit this at an upcoming meeting once surveys have been distributed to the community

8. New Business

- Don requested members update their contact information on the Google Drive
- Anita inquired about her HWRAC committee reappointment; Marcia to check on renewal applications with the clerk's office

9. Adjourn

- Motion to adjourn made by Anita, seconded by Patrice