

City of Hyattsville
Health, Wellness, and Recreation Advisory Committee
Agenda
7:00-8:30 PM
August 22, 2024

Committee Attendees: Peter Stockus, Nicole Betschman, Don Burger, Brittany Miller, Marylyn Presutti, Erica Thomas

Staff Liaison: Cheri Everhart

Public Attendees: Maximiliano Vasquez

Council Attendees: Michelle Lee

1. Amend/Approve minutes from July meeting
 - a. Nicole motioned to approve, Don seconded. Unanimous approval.
2. Speaker Series:
 - a. Self Defense
 - i. Marylyn reached out to Capital MMA and elite fitness in Takoma Park. Could do a 2-hour session for \$500.
 - ii. Between the Capital MMA staff, they could accommodate 30-40 people.
 - iii. The city has some yoga mats we could provide, Sheri to coordinate with Hyattsville PD on gymnastic mats for the event.
 - iv. Sunday afternoon would be an ideal date. The multipurpose room could work, we will pass along the dimensions to MMA and Elite fitness staff to confirm the size would work for the amount of people/movement available.
 - b. Parenting skills/self care - Date
 - i. 1 ½ hour long class. 6-7:30.
 - ii. Cheri to work with Comms to ID a few dates for the committee to approve.
3. Bike Rodeo - Review
 - a. Successful event, 24 helmets given away.
 - b. Next year we might try to dovetail with a backpack giveaway.
 - c. Next year we would like to explore handing out bike locks.
4. FY25 Thrive Grants, timeline, finalize application
 - a. Incorporated (had a typo) and information (had a typo)

- b. Open date on Sept. 3, close date Oct. 11 with the possibility of extension.
 - c. Will continue to supply up to \$800 dollars per applicant.
- 5. Public comment – limit 2 minutes per speaker
 - a. No Comment
- 6. New Business
 - a. First United Methodist Church is hosting a health fair on Sept 7.
 - b. Dyann might be able to hand out surveys at the event. We would like to attend next year.
 - c. Nicole suggested prizes for people who fill out the HWRAC survey. Canvas tote bags, t-shirts, etc etc. Something environmentally sustainable would be ideal.
- 7. Adjourn
 - a. Motioned by Erica, seconded by Don. Unanimous approval.