

City of Hyattsville
Health, Wellness, and Recreation Advisory Committee
Minutes
7:00-8:30 PM
August 28, 2025

Committee Attendees: Erica Thomas, Rachel Huggins, Marylyn Presutti, Peter Stockus, Nicole Betschman, Dyann Waugh

Staff Liaison: Cheri Everhart

Public Attendees: Scott Wilson

Council Attendees: Gopi Dhokai

Meeting Began - 7:08 PM

Meeting Adjourned - 7:56 PM

1. Amend/Approve minutes from July meeting
 - a. Dyann motioned, Nicole seconded. Motion passes unanimously.
2. Speaker Series
 - a. Bike Rodeo- 8/16/25
 - i. Bike rodeo was great and this might had been a better time closer to the start of school (in August)
 - ii. Digital message boards for next time, a big banner, an inflatable mist tent or something
 - iii. Erica suggested to have interpreters for the event next year
 - iv. Maybe 100 people attended the event
 - v. We were NBCWashington as an event to do for the weekend
 - b. Self Care Saturday
 - i. We are all set for 9/13/25 at the City Building 10-10:30 (family yoga); 10:30-11:30 adult yoga
 - ii. Encourage individuals to bring their own mats
 - iii. We will need to get the invoice so that the instructor can get paid
 - c. Lupus Awareness- 10/4/25
 - i. Speaker will be Kimberly Boddie
 - ii. Make flyer and share it with Cheri
 - d. Blood Pressure/Heart Health
 - i. February will be heart health month
 - ii. February 6th for Go Red Day
 - iii. Possibly spaces for Hyattsville Library or the Community Center

- iv. Trinity Nursing students would be in the allowable distance to attend
 - e. Health fair/FUMC Health Fair- Sept. 6th 10a-2p
 - i. Dyann was at the church and spoke with Alexis and we will have a table with Community Services.
 - ii. We can bring the banner for the event
 - iii. The panel from 11:30am-12:30pm "Life storms" with 3 panelists on prevention, medical hypnosis, and recovery in the chapel.
 - 1. Can someone make a flyer with the events that are upcoming
 - f. Nutrition
 - i. Tabled until next month
- 3. THRIVE grants
 - a. Formatting application
 - i. Cheri will send out the new application to the Communication team and add the new verbiage
 - ii. The deadline will be the COB October 3rd
- 4. Public comment – limit 2 minutes per speaker
 - a. none
- 5. New Business
 - a. none
- 6. Adjourn
 - a. Motioned by Nicole, Seconded by Peter, unanimous approval.