

City of Hyattsville Youth Advisory Council

Thursday, October 9th , 2025: 6 PM

IN PERSON

4310 Gallatin St, Hyattsville, MD 20781

City of Hyattsville Municipal Building

Multipurpose Room

NOTES

Public Attendees: All committee meetings are open to the public to observe. For virtual meetings, there is a Q&A function that allows attendees to post questions or comments. It is not required that the committee respond to items posted in the Q&A, nor is it required that committees provide a public comment period during their meeting whether virtual or in-person. Should committees wish to allow time to hear public comment, a time will be designated on the agenda

1. Call to Order:

The meeting was called to order at 6:03pm with a quorum of 7:

-Yasmin P., Litzy V., Margaret H., Jorge G., Anastasia K., Eric M., Christopher J.

2. Recap of Previous Minutes: Reiteration of the Mental Health Issues along with the discussion of upcoming Events/Meetings.

3. Upcoming events:

- Zombie run: October 18, 2025

(This is a Hyattsville Event with the objective to donate to local schools through community participation in this event. Registration is required to participate)

- Treat or Rama: October 25, 2025

Time: 4-6pm @ Driskell Community Park

- Trunk or Treat: October

Time: After Treat or Rama At Northwestern High School 6pm-8pm

- Martinsville meeting: October 22nd

This will be an Open meeting: The public will be able to join us to these meetings providing public feedback and commentary to any concerns mentioned.

4. Upcoming Possible Meeting with Martinsville VA Youth Advisory Committee:

Wednesday October 22nd

Time: 5:00-6:00pm At the Mayor's Office

At the City of Hyattsville Municipal Building (4310 Gallatin St, Hyattsville, MD 20781)

Suggestion: Have a discussion with the Martinsville committee so that the Hyattsville YAC is able to choose the Next Meeting Date based on our availability time.

(Idea proposed: For those who are mentioned to be absent, a possible way they are able to get involved and engaged with Martinsville is by writing or having a script of possible things they want to say or ask the committee.)

Discussion Recap: Issues and future events in which were able to collaborate with Martinsville either indirectly or directly. (Long term Idea)

5. Discussion about Mental Health Support training

- **QPR (EveryMind):** It's a program that helps encourage those to take workshops and learn more about coping mechanisms and mental health interventions.
Training Date: October 15 (Time: 5-6pm)
- **BeThere Certificate:** Provides Mental health training: This training is self paced and it's a training providing a learning experience to our YAC members and it's designed to increase mental health literacy and provide us with knowledge, and skills to improve mental health. Date: Is unknown
- **Mental Health First Aid:** Offered Nation Wide (It's an all day training)

Number for the mental health hotline service 988 (Mental Health)

Suggestion to Pay for Posters/Signage regarding the mental health hotline service: 988

Number to be all over the city: In places like the park, mall, center, and etc...

Gopi Dhokai: (Possible Partnership) Invite them to our meeting to discuss more concerning this issue and possible solutions.

Relevance of Discussion: If the YAC is able to push more resources pertaining mental health it helps youth open up about their situation which they often keep to themselves:

Youth resources to express themselves in a non harmful way (ex. Art workshops to express their emotions in a safe environment)

Council Member Strab brought the initiative to bring mental health awareness speaker and workshops to the Youth Center informing Hyattsville youth on the importance of one's mental-well being

6. Discussion about video: A Social media post or Youtube account to promote information access quickly (In our previous attempt we've noticed lots of positive feedback from the community regarding our encouragement to Vote and Voter Registrations)

Motion was passed: There was a motion proposed in regards to sending a proposition to the City Of Hyattsville communication team in order to move forward our idea of creating a video concerning Youth Mental Health and Resources that can be provided.

However this has to be approved first before taking further actions

All 7 Members in attendance were in favor with this motion:

Yasmin, Litzy, Margaret, Jorge, Anastasia, Eric, Christopher

7. Discussion about March 2nd World Teen Mental health

Possible brainstorming session in order to discuss this issue moving forward and communicate with one another possible details or ideas about the video. (The video will possibly be created however it's undecided yet since it has to be approved first)

Suggestion Pet day: Pet Companion (Pet therapy implementation in school)

8. Discussion about Mayors Letter Life and Times Regarding ICE.

The Letter: <https://www.hyattsville.org/mayor>

It was stated how the City nor state has power over ICE but rather the Federal Government but does what it can to support all residents.

Discussion Questions for our next Meeting:

Things to consider; What are some things young people need from the mayor and council office regarding the issue we are facing regarding immigration? What are some measures we can take in helping our community and bring awareness of this matter?

10.Public Comment: Guest Speaker had the opportunity to ask our YAC member a few questions.

11.Meeting Adjourned: 7:06 pm

Next Scheduled Regular Meeting: Thursday, November 13th, 2025; At 6:00pm-7:00pm
@ City of Hyattsville Municipal Building (4310 Gallatin St, Hyattsville, MD 20781)