

City of Hyattsville
Health, Wellness, and Recreation Advisory Committee
Minutes
7:00-8:30 PM
September 25, 2025

Committee Attendees: Erica Thomas, Peter Stockus, Nicole Betschman, Rachel Huggins, Brittney Miller

Staff Liaison: Cheri Everhart

Public Attendees: Scott Wilson

Council Attendees: Gopi Dhokai

Meeting Began - 7:05 PM

Meeting Adjourned - 7:45 PM

1. Amend/Approve minutes from July meeting
 - a. Approved Minutes from August meeting
2. Speaker Series
 - a. Events:
 - i. Self Care Saturday follow up
 1. Erica provided an update. The program was well attended and folks were interested in more programs like it.
 - ii. Lupus Awareness 10/4/25
 1. Nicole purchased from Oriental Trading / Amazon for little bags to hand out. City to provide a staff person (Cici assisted), tents, tables & sound system. Add the committee banner. Set up will be by the entrance to the Duck Pond (pavilion is unavailable)
 - iii. Blood Pressure / Heart Health
 1. Blood pressure / Heart Health suggested dates Feb 6 or 13. Cheri will provide Nicole with contact info for Dan Ramirez at the library.
 - iv. Health Fair / FUMC Health Fair

v. Nutrition

3. THRIVE Grants applications

- a. Thrive Grant application deadline extended to Oct 10. Cheri will send additional outreach to schools. Budget for FY26 is \$7,500, funding 15 grants.

4. Public comment – limit 2 minutes per speaker

- a. No public comment

5. New Business

- a. No new business

6. Adjourn