

City of Hyattsville
Health, Wellness, and Recreation Advisory Committee
Minutes
7:00-8:30 PM
January 22, 2026

Committee Attendees: Marylyn Presutti, Erica Thomas, Nicole Betschman

Staff Liaison: Cheri Everhart

Public Attendees: Aram Tajeddini, Scott Wilson

Council Attendees: Michelle Lee

Meeting Began - 7:05 PM

Meeting Adjourned - 7:59 PM

1. Amend/Approve minutes from December 4 meeting
 - a. Dyann motioned, Erica seconded. Unanimously approved.
2. Elect chair / recordkeeper
 - a. Nicole elected as record keeper
 - b. Marylyn elected as chair
3. Speaker Series
 - a. Events:
 - i. Blood Pressure / Heart Health event 2/13/26
 1. Blood Pressure/Heart Health event turned out great
 2. City will be sharing on social media
 - ii. Nutrition
 1. Professor from Prince George's Community College would be happy to host a class. The class would be about an hour
 2. "Eating healthy for less" is the proposed name

3. The last two weeks of March are available dates. Last Saturday in March is the Easter Egg hunt. The multiple purpose room from 2-4pm on March 21 is booked.
4. Between \$2-300 would be the cost, approved by the committee.

4. THRIVE Grants -

i. Status update

1. All thrive grant checks have been distributed except for one at the University of Maryland. Their check will be sent out next week. CERT will be ordering their supplies and charging expenses to the city.
2. Everyone who got a check received a report form

5. Public comment – limit 2 minutes per speaker

- a. No public comment

6. New Business

- a. Women's health month is in May, possible "pampering yourself" style event.
- b. April is occupational therapy Month
- c. Men's health month is in June.

7. Adjourn