

Health, Wellness & Recreation Advisory Committee

Minutes

7:00 – 8:30 PM

July 23, 2026

Attendees: Erica Thomas, Dyann Waugh, Peter Stockus, Rachel Huggins

1. Amend/Approve minutes from June 25 meeting

- Approved minutes from last month at top of the hour by quorum (7:12pm).

2. Speaker Series

a. Events:

i. Nutrition program – New Date

- Dyann checking in with friend who would do a cooking demo for the Oct. 18 date at 2 or 3pm. Dyann will send an email update as a follow-up.

ii. Bike Rodeo

- Peter and Cheri confirm translated flyer is done. Next steps are to share on social channels within the last week of July. Peter will pick up 100 flyers from the City building. Councilmember Lee will receive 30 flyers.

iii. Microplastics

- Cheri will put the page up for [P-SNAP](#) on the City of Hyattsville website. Pediatric and emergency medicine are potential topics for volunteer speakers to select, per Dyann. Potential timeframe is winter (Jan or Feb), with a focus on microplastics' effects on children and how parents can mitigate exposure. Dyann will fill out the P-SNAP request form for a virtual presentation. Quorum recommends 10am on Jan 9, 2027; Cheri to confirm availability with the Communications team.

iv. Neighborhood Beautification Day/Environment Day

- Forest bathing (for Nov. 14) and bird watching are topics for fall. Erica to reach out to Dawn about tree replanting and partnering on invasive vine removal. She will also create the forest bathing flyer.

3. Public comment – limit 2 minutes per speaker

- No public comments or attendees.

4. New Business

- Cheri says the Communications team has been asking when Thrive Program applications will begin. Quorum agreed applications will open Sept. 1, 2026. Will go over the application in the August meeting.

5. Adjourn